8th Annual Sandia Mountain Snowshoe Race

5 K / 3.2 Miles Saturday, January 23, 2010, 10:00 am

Presented by *Friends of the Sandia Mountains*

ENTRY FEE: $25.00 through January 9, 2010 ~ $35.00 after Jan. 9, including race day
(late registrants will pick up T-shirts at Heart & Sole after Feb. 6, 2010)

REGISTRATION: Beginning Dec. 1

*__Registration at REI__, 1550 Mercantile Ave. NE, Albuquerque. Cash, check, or CC

*__Mail in registration,__ Checks payable to: *Friends Of The Sandia Mountains*
c/o Matt Bosquez
2709 Bosque del Sol NW
Albuquerque, NM 87120

***On-Site registration,** please check website on Jan. 22 to see if space is still available

PACKET PICK UP: At Race Registration table before 9:45 am on race day. Sorry, no late starts possible.

LOCATION: The race begins at the Sandia Crest House lower parking lot and traverses 5 K (3.2 miles) through the National Forest. A $3.00 usage fee or a Federal Recreation pass is required.

PARTICIPATION: Entry fee includes long-sleeved T shirt, pre- and post-race refreshments and prizes. Race is limited to 150 participants and is open to racers of all levels. NO PETS PLEASE.

PROCEEDS: All proceeds will go to *Friends Of The Sandia Mountains* for preservation and maintenance of trails and picnic areas.

SPONSORS: REI, Heart & Sole Sports, Sport Systems, Whataburger, Church's

Snowshoes will NOT be available for rent at race location

For more information go to www.SandiaSnowshoe.com

PLEASE PRINT LEGIBLY

Full Name:_____ MALE / FEMALE

Mailing Address:_____

Phone #:_____ Alternate phone#:_____ email:_____

Age, as of race day:_____

T-shirt size S__ M__ L__ XL__ XXL__ Entry fee paid:_____

RELEASE: (MUST be signed by participant): **I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted in this event. I also understand and fully accept responsibility for any injury or harm that could result from the hazardous nature of snowshoe running at high altitudes. I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby hold harmless any affiliated individuals and sponsors and their employees and all other persons associated with this event for any claims I may have arising out of my participation in this event including personal injury or damage suffered by me or others. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I will notify a Course Marshall if I exit the course before completion. I give my full permission to the 8th Annual Sandia Mountain Snowshoe Race to use any photographs, videotapes or other recordings of me that are made during the course of this event.**

_____ _____ _____

Signature *Parent's Signature (if under18)* *Date*